

Improving **COMMUNICATION** for Caregivers of Loved Ones with **ALZHEIMER'S** and **DEMENTIA**

Thursday, March 13, 2014
6:30 p.m.-8 p.m.

People Inc. Seniors Unlimited
2635 Delaware Avenue
Buffalo, NY 14216

Opportunity for caregivers and professionals to learn from leading experts and to share resources.

- Improving communication with your loved one can improve your personal relationship, routine and time management.
- Learn creative activities.
- Participate in a Laughter Yoga session.
- Q&A.
- Meet People Inc. Seniors Unlimited staff and tour the day program.



Caregivers and professionals coping at any stage of dementia are encouraged to attend.



Seniors Unlimited

People Inc.'s Seniors Unlimited is a unique social day program created to meet the special needs of those who have developed dementia or memory loss which may have been caused by Alzheimer's or Parkinson's disease, strokes, heart disease or any other illness. Seniors Unlimited

benefits everyone in the family, not just the person who attends, providing much-needed respite to their caregivers. Participants receive socialization, activities, exercise, art therapy and a hot meal all in a safe environment.

Kindly RSVP by March 12 to April Caggiano, aacaggiano@people-inc.org or 716.768.2371.