

First Niagara and People Inc. Partner to Provide Life Coaching Mentoring Program

-- Bank will provide financial support for "Girls Night Out Group" to support young women with disabilities --

BUFFALO, N.Y., June 2, 2016 – The First Niagara Foundation is providing \$5,000 in grant funding for People Inc.'s "Girls Night Out Group", a unique mentoring program for individuals with intellectual or developmental disabilities who need assistance in developing their strengths.

The program provides coaches to work with young women and help them transition into adulthood, learn to live independently, and develop financial literacy and self-sufficiency skills.

"We at First Niagara believe in the power of mentoring and are committed to initiatives that help all individuals achieve and maintain their life goals," said Elizabeth Gurney, Executive Director of the First Niagara Foundation. "We are proud to partner with People Inc. to provide young women in the program with the resources and opportunities they need to live successful, independent lives."

"With this grant, the First Niagara Foundation will make a direct impact on the life skills, confidence, and abilities of young women who have great zest and potential, and work hard to overcome obstacles that disabilities can pose. We appreciate their partnership," said Denise Bienko, Vice President, People Inc.

About The First Niagara Foundation

The First Niagara Foundation is a not-for-profit charitable entity. Founded in 1998, the First Niagara Foundation is committed to supporting organizations in the communities in which we live and work, with specific focus on Youth and Education, Community Development and Neighborhood Revitalization. In 2015, the First Niagara Foundation contributed nearly \$6 million in charitable grants to community partners across the bank's four-state footprint.

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