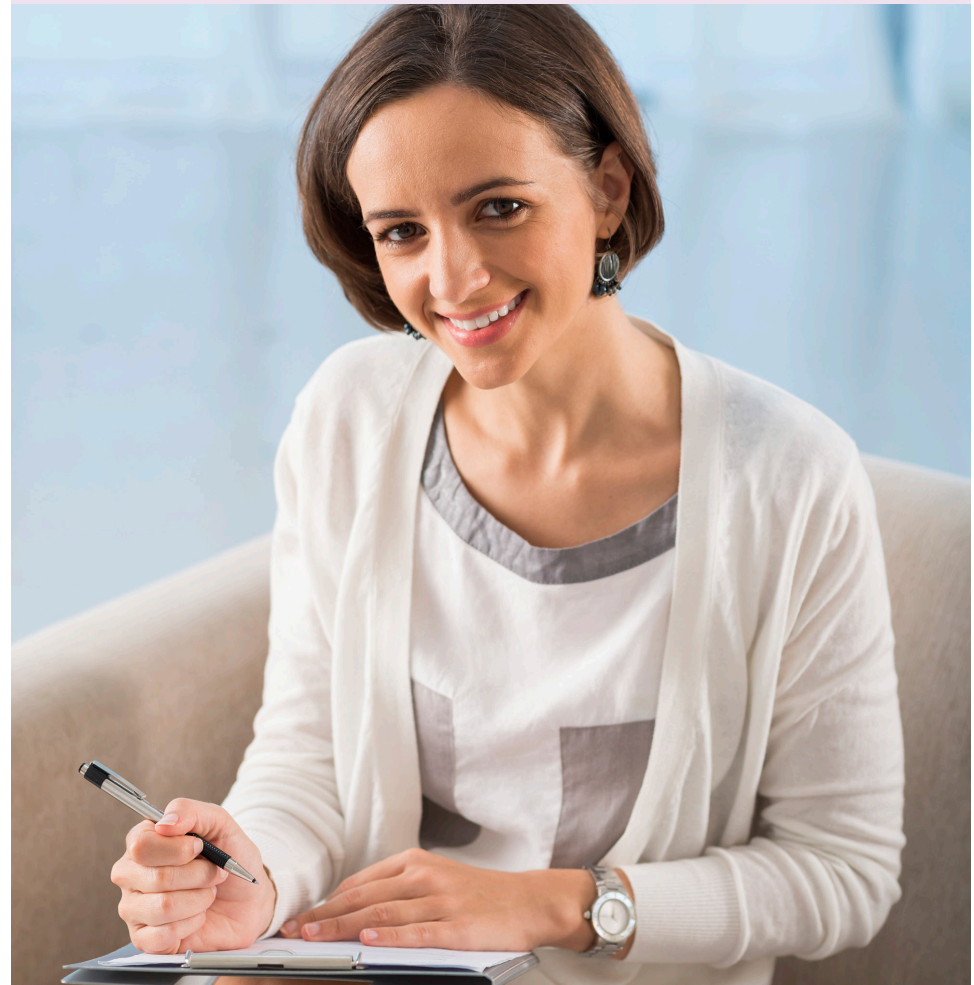




## SOCIAL WORK AND COUNSELING SERVICES



PeopleInc

Rehabilitative Health Services

**Toll Free** 1.888.7PEOPLE

**Web** [people-inc.org](http://people-inc.org)



800 Hertel Avenue, Suite 101

Buffalo NY 14207

**Phone** 716.566.5050

## **MENTAL HEALTH: SOCIAL WORK AND COUNSELING SERVICES**

The People Inc. Team of licensed professional social workers provides trauma-informed treatment for children, adolescents, adults and families using a person-centered approach. Individual, family and group therapies are available for people experiencing a range of mental health problems including depression, anxiety, and stress and trauma-related disorders. Individuals and families struggling with grief, the effects of abuse and neglect, as well as coping with disability and chronic medical conditions may find support.

Our social workers are experienced in working with people of all abilities, including those who have intellectual and developmental disabilities. Our team uses psycho-educational approaches to support people with disabilities to reach their maximum potential. Counseling for people with intellectual and developmental disabilities often centers on skill-building and coping skills development by using a wide array of modalities to meet every person's unique needs.

We offer cognitive-behavioral, play, psycho-educational and various other therapies. We have EMDR trained therapists skilled at treating trauma with evidenced-based therapy.

Our licensed psychologists are available to conduct evaluations, including cognitive and adaptive behavior assessments, autism evaluations, capacity assessments and psychological differentials.

People Inc. Social Work and Counseling Services provides individual, group and family therapy, treating a variety of needs, including:

- Behavior Management
- Grief
- Parenting
- Self-esteem
- Stress reduction
- Adolescent issues
- Anger management
- Social skills

## **CONTACT**

For more information on how you can get connected, call our intake coordinator at 716.566.5081.

Our People Inc. Social Work and Counseling Services is located in North Buffalo and easy to get to from major highways, plus close to the Hertel Avenue District and Elmwood Village.