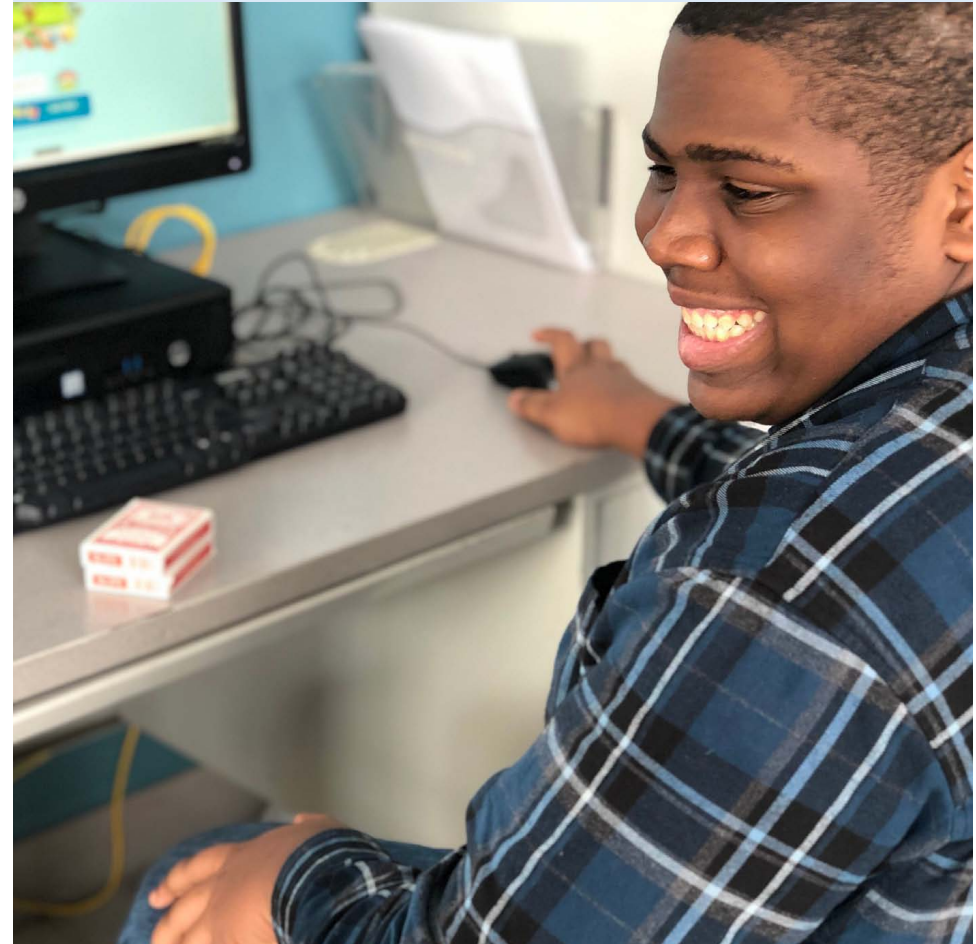


## RESPIRE SERVICES

*Enhancing quality of life*



Toll Free 1.888.7PEOPLE  
Web [people-inc.org](http://people-inc.org)



**Western New York**  
1219 North Forest Rd  
Williamsville, NY 14221  
Phone 716.817.7400  
Fax 716.634.3889

**Rochester**  
1860 Buffalo Road  
Rochester, NY 14624  
Phone 585.441.9300  
Fax 585.441.9399

## RESPITE SERVICES PROVIDE RELIEF

Respite is temporary care away from home. For many families, respite is crucial to caring for a loved one with a developmental disability. People Inc. offers a variety of respite services to suit personal needs.

### AFTER SCHOOL / AFTERNOON RESPITE PROGRAMS

Afternoon Respite provides after school/after day program care. Activities include arts/crafts, recreational activities, homework help and peer socialization while providing parents/guardians and caregivers the opportunity to work full days and complete errands.

**After the Belle Afternoon Respite:** Ages 13 to 21

**Location:** Buffalo

**Buffalo Afternoon Respite:** Ages 5 to 12

**Location:** Buffalo

**Buffalo Road Respite:** Ages 11 to 21

**Location:** Rochester

**Iris Afternoon Respite:** Ages 18+

**Location:** Hamburg

**Ken-Ton Afternoon Respite:** Ages 10 to 21

**Location:** Kenmore/Tonawanda

**Late Afternoon Respite:** Ages 18+

**Location:** Buffalo

**Niagara Falls Afternoon Respite:** Students Ages 13 to 21

**Location:** Niagara Falls

**Northtowns Afternoon Respite:** Ages 10+

**Location:** Lockport

**OMG Afternoon Respite:** Ages 10 to 21

**Location:** East Aurora

**Rochester Afternoon Respite:** Ages 5 to 16

**Location:** Rochester

**Southtowns Afternoon Respite:** Ages 10 to 21

**Location:** Hamburg

**TLC:** Ages 10+

**Location:** Amherst

**TLC K-5:** Ages 5 to 10

**Location:** Amherst

### WEEKEND OPPORTUNITIES

Offering Friday and Saturday evening care to achieve personal goals such as peer socialization, sensory and cooking activities, outings and more.

**Del-Ton Weekend Respite:** Ages 10+

**Location:** Tonawanda

**Orchard Park Weekend Respite:** Ages 10+

**Location:** Orchard Park

### OTHER RESPITE OPPORTUNITIES

**In-Home Respite:** Ages 3+

**Location:** In the caregiver's home

In-Home Respite provides family members and caregivers a break by supervising their loved ones in the comfort of their own home. Services can be provided to more than one person if needed, including siblings who have developmental disabilities.

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**Payne Respite:** Ages 10 to 21, medically frail

**Location:** North Tonawanda • **Phone:** 716.817.9030

This location is for children and young adults with developmental disabilities who are medically frail and require medical attention.

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**Downing Respite House:** Ages 10+

**Location:** Bowmansville

**Northtowns Respite House:** Ages 10+

**Location:** Wheatfield

These two sites offer planned and emergency on-site care, either by the hour or overnight(s). Parents and other family get a break, while guests have a great time with fun activities. Our well-trained staff work individually and in groups to accommodate the varied interests.

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**Recreational Respite:** Ages 18+

**Location:** Depew and Lockport

This recreation program allows individuals to choose events to attend from a calendar of activities. Each event has a nominal fee to cover the cost of the event, and participants are accompanied by staff.

### CONTACT

For more information, contact the Admissions department at [admissions@people-inc.org](mailto:admissions@people-inc.org), or 716.880.3700 or 585.441.9300.