RESPITE SERVICES
Enhancing quality of life
RESPITE SERVICES PROVIDE RELIEF
Respite is temporary care away from home. For many families, respite is crucial to caring for a loved one with a developmental disability.

AFTERNOON RESPITE PROGRAMS
Activities include arts/crafts, recreational activities, homework help and peer socialization while providing parents/guardians and caregivers the opportunity to work full days and complete errands.

After the Belle Afternoon Respite: Ages 13 to 21
Location: Buffalo

After Work Respite: Ages 18+
Location: Depew

Buffalo Afternoon Respite: Ages 5 to 12
Location: Buffalo

Buffalo Road Respite: Ages 11 to 21
Location: Rochester

Iris Afternoon Respite: Ages 18+
Location: Hamburg

Ken-Ton Afternoon Respite: Ages 10 to 21
Location: Kenmore/Tonawanda

Late Afternoon Respite: Ages 18+
Location: Buffalo

Mount Hope Afternoon Respite: Ages 5 to 16
Location: Rochester

Northtowns Afternoon Respite: Ages 10+
Location: Lockport

Southtowns Afternoon Respite: Ages 10 to 21
Location: Hamburg

TLC: Ages 10+
Location: Amherst

WEKEND OPPORTUNITIES
Offer Friday and Saturday evening care to achieve personal goals such as peer socialization, sensory and cooking activities, outings and more.

Del-Ton Weekend Respite: Ages 18+
Location: Tonawanda

Orchard Park Weekend Respite: Ages 18+
Location: Orchard Park

IN-HOME RESPITE: Ages 3+
Location: In the caregiver’s home
Provides family members and caregivers a break by supervising their loved ones in the comfort of their own home. Services can be provided to more than one person if needed, including siblings who have developmental disabilities.

PAYNE RESPITE: Ages 10 to 21, medically frail
Location: North Tonawanda • Phone: 716.817.9030
This location is for children and young adults with developmental disabilities who are medically frail and require medical attention.

DOWNING RESPITE HOUSE: Ages 10+
Location: Bowmansville

NORTHTOWNS RESPITE HOUSE: Ages 10+
Location: Wheatfield
These two sites offer planned and emergency on-site care, either by the hour or overnight(s). Parents and other family get a break, while guests have a great time with fun activities. Our well-trained staff work individually and in groups to accommodate the varied interests.

RECREATIONAL RESPITE: Ages 18+
Location: Depew and Lockport
Provides opportunities to select events to attend from a monthly calendar of activities. Each event has a nominal fee to cover the cost of the event, and participants are accompanied by staff.

CONTACT
For more information, contact the Admissions department at admissions@people-inc.org, or 716.880.3700 or 585.441.9300.