

# Maintain YOUR Independence and Wellbeing

Physical Therapy • Occupational Therapy • Speech Therapy

# Now accepting patients to receive services in the comfort of home

Trust experience • Regain independence Maintain your health and wellbeing

People Home Health Services, an affiliate of People Inc., is focused on providing high quality and individualized patient care. Whether you, a loved one or a patient you assist is living with a chronic condition, need a smooth transition from hospital/rehabilitation center to home, recovering from an illness or injury or need extra assistance, our team is here to meet your needs.

### Your Way to Better Health

- Specializing in supporting people with developmental disabilities
- Receive care in the comfort of your own home for yourself or loved one
- Regain independence
- More cost effective than alternative long-term care options
- Reduce the need for and risk of hospitalization



## Advantages of Choosing Us

- Specializing in services for people with developmental disabilities, in addition to providing services for people 18 and older in Erie and Niagara Counties.
- Quality assistance with daily living skills.
- By working with your physician, discharge planner or social worker, we can help reduce the need for hospitalization by providing medically-prescribed services to enhance health and independence in the comfort of
- Our size allows us to offer you consistency in therapy staff, leading to better outcomes and care coordination, while reducing the risk of hospitalization.



#### Physical Therapy

Set up an individualized home exercise program; teach techniques that make walking, sitting and standing safer. We can provide in home therapy after joint replacement and even help restore balance related to inner ear issues.



#### **Occupational Therapy**

Evaluate the need for equipment to help you maintain your independence, while performing daily tasks like eating, dressing, bathing and things like paying bills. Occupational therapy can even teach you how to conserve energy, while completing these tasks.



#### **Speech Therapy**

Evaluate and treatment of voice and language disorders, swallowing and choking issues, plus help teach you how to use tools that assist with communication.

Contact us today: 716.874.5600. We're here to help you maintain your independence!

Referrals accepted year-round and presentations are available.







