**RESPITE SERVICES PROVIDE RELIEF**

Respite Care is temporary care away from home. For many families, respite is crucial to caring for a loved one with a developmental disability. People Inc. offers a variety of respite services to suit personal needs.

**Downing Respite House**
Ages: 10 and up
Location: Bowmansville

**Northtown Respite House**
Ages: 10 and up
Location: Wheatfield

These two sites offer planned and emergency on-site care, either by the hour or overnights. Parents and other family get a break, while guests have a great time with the fun activities available to them. Our well trained staff work individually and in groups to accommodate the varied interests of those who stay with us.

**After School Respite Programs**

**After the Belle**
Ages: 4 to 12
Location: The Belle Center

**Buffalo Afternoon Respite**
Ages: 4 to 21
Location: Buffalo

**Northtowns Afternoon Respite**
Ages: 10 to 21
Location: Lockport High School

**Southtowns Afternoon Respite**
Ages: 10 to 21
Location: Frontier Central High School, Hamburg

**Themed Learning Club**
Ages: 10 to 21
Location: Amherst High School

**Afternoon Respite**

**Late Afternoon Respite**
Ages: 10 and up
Location: Elmwood Day Hab., Buffalo

The Late Afternoon Respite Programs provide after school and after day program care for guests. Activities include but are not limited to arts/crafts, recreational activities, help with homework and peer socialization while providing parents/guardians and caregivers the opportunity to work full days and complete errands.

**Extended Family Care**

**Del-Ton Supplemental Group Day Habilitation**

Location: Tonawanda
Ages: 10 and up

**Orchard Park Supplemental Group Day Habilitation**

Location: Orchard Park
Ages: 10 and up

These programs offered Friday and Saturday evenings offer guests the opportunity to socialize with other peers, participate in hands-on arts and craft projects, sensory activities, cooking activities, outings and more while family members have the opportunity for a night out for themselves.

**In-Home Respite**

**Payne Avenue Respite**
Ages: 10 and 21 for medically frail
Location: North Tonawanda

This location is for children and young adults with developmental disabilities who are medical frail and require medical attention.

**Contact**

For more information on our Respite Services, please call 716.817.9049.