

Dementia and memory loss program



SENIORS UNLIMITED ADULT DAY PROGRAM



Seniors Unlimited

A program of PeopleInc

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www.people-inc.org

07.01.10



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SENIORS UNLIMITED

People Inc.'s Seniors Unlimited program is a unique social day program created to meet the special needs of those who have developed dementia or memory loss which may have been caused by Alzheimer's or Parkinson's disease, strokes, heart disease or any other illness.

BENEFITS TO YOUR LOVED ONE

- Socialization and stimulation for better quality of life
- Safe, friendly atmosphere and caring staff
- Opportunities to make friends, share experiences and so much more!
- Exercises to promote balance, circulation, coordination and flexibility
- Art therapy program that combines music, poetry and imagery to encourage self-esteem and self-expression
- Hot, nutritious meals
- Enhanced or maintained level of independence
- Prevention or delay in nursing home placement

BENEFITS TO CAREGIVERS TOO!

Seniors Unlimited benefits everyone in the family, not just the person who attends, providing much-needed respite to their caregivers. Caregivers can use the time to work, run errands, or even just take a break from the demands and stress of providing around-the-clock care.

COST

This program is covered by Medicaid if the person is receiving care under a Long Term Home Health Care program. Other funding sources are available. Private pay rate is \$40 per day, and includes breakfast, lunch and transportation within the city of Buffalo.

MAKING MEMORIES, ONE DAY AT A TIME

At People Inc.'s Seniors Unlimited Program there is no such thing as a typical day. Everyday is full of fun opportunities.

We believe that we make new memories everyday...here are some of the ways we make them:

- Music appreciation
- Kelly's Country Store
- Mini-golf
- Bingo
- Bison's games
- Woodworking
- Aromatherapy
- Boat rides
- Karaoke
- Exercise
- Botanical gardens
- Clown shows
- Movie madness
- Erie County Fair
- Table games
- Cooking/baking
- Art museum
- Painting
- Auto show
- Art therapy
- Trivia
- Picnics in the park
- Reminiscence
- Puzzles
- Go out for ice cream
- Manicures
- Name That Tune
- Coffee/lunch outings
- Current events
- Charade
- Pumpkin farm
- Memory books
- Word search
- Collages
- Pet therapy
- Poetry

CONVENIENT LOCATION

The Seniors Unlimited program is located at 310 Delaware Avenue in Buffalo. A typical program is 8:30 a.m. to 4:00 p.m., Monday through Friday, however, this flexible program can accommodate needs for earlier drop-off and later pick-up.

Once a Month Saturday Respite Program is also available from 8:30 a.m. to 2:30 p.m. There is no charge for those enrolled. Transportation and lunch are provided.

CONTACT

For more information, call Seniors Unlimited 853.4500 or visit www.people-inc.org.