

# **COMMUNITY BEHAVIORAL HEALTH**

Supporting people and families in their communities





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### CLINICAL SUPPORTS IN THE COMMUNITY

People Inc. recognizes that children and adults with developmental disabilities want to keep strong connections with their families and their surrounding communities. When a family member has a developmental disability, sometimes he or she will need help to learn and grow. Some people may need education, counseling, behavioral assessment and support, or behavioral crisis intervention. People Inc.'s Community Behavioral Health Department has a group of specialized services designed to help families and people with disabilities live and function in healthy ways.

## **HOW DOES IT WORK?**

First, one of People Inc.'s behavior consultants will visit you in your home to find out what your needs are. Then People Inc.'s team of experts will work with your family to develop a specific plan that details what we will provide and what would be expected from you. The ultimate goal is to provide "training for life" when all involved are better able to understand their loved one and be better equipped with the tools needed to meet his or her needs. In many cases, services can begin quickly. Even after services are over, we stay in touch to find out how things are going.

### WHAT SERVICES ARE OFFERED?

- Positive behavior supports and behavior change
- Training to build skills, such as social skills, self-management, toilet training
- General guidance
- Counseling for people with disabilities
- Counseling for family members
- Sensory integration
- Training and supports for people with Autism Spectrum Disorders
- Behavioral assessment
- Crisis services

#### PROGRAM STAFF

People Inc.'s Community Behavioral Health Department is staffed with skilled and trained professionals with a variety of backgrounds, training and experience. Clinical staff members coordinate services for families, while behavior technicians spend time working alongside family members in the home if it is needed.

## WHAT PEOPLE HAVE SAID ABOUT COMMUNITY BEHAVIORAL HEALTH SERVICES...

The program did a great job and made a big difference. It was wonderful and we would recommend it highly.

- Parent

A family I'm working with cannot say enough wonderful things about what the behavior consultant's services have done for them. Every time I speak with them, they are so impressed with the work he did and their daughter over the past six months. She hasn't received the behavior services for about a month now and they report they have maintained such peace and cooperation with her. They would like me to pass on their deepest thanks and let you know a job well done!

- Service Coordinator

We found the behavior consultant to be extremely helpful to us, our daughter and our family. He taught us a lot.

- Parent

The behavior consultant was a godsend to our family.

She helped us tremendously.

- Parent

#### CONTACT

For more information regarding People Inc.'s Community Behavioral Health program, please call 716.880.3826.