Where your dreams can be achieved.
**Day Programs**

People Inc.’s diverse Day Programs enable individuals to learn new skills and gain confidence in order to pursue personal goals and reach their highest level of independence in the community.

**The Arts Experience**

People Inc.’s fine arts day habilitation program is for adults with developmental disabilities and focuses on self-expression through the arts; from music, drama, visual art and dance, to creative writing and dance aerobics. Classes are offered in both morning and afternoon sessions. Individuals will participate in one exploratory class per session with the option of staying a half or full day. Full days are recommended. No prior experience is needed. Classes are facilitated by qualified artists and educators from their perspective field of expertise.

**Community Active People Programs (CAPP)**

As a Community Based Day Habilitation Program, most of the individuals have aged out of high school or People Inc.’s Young Adult Life Transitions Program and have a desire to continue on a vocational career path. Community Active People Program (CAPP) participants have the ability to independently use public transportation, are independent in the community, and desire a vocational outcome. CAPP individuals participate in numerous internships with staff assistance provided as needed. CAPP individuals also participate in job skills training classes offered by People Inc.’s Supported Employment Program, focusing on interviewing and resume writing skills. CAPP staff provide daily instruction and reinforcement of daily living skills including fire safety, hygiene, nutritional skills, among others. Participants work on personal goals on a daily basis to help increase their independence.

**Day Services**

Innovative site-based day programming is offered in a variety of locations throughout Western New York including the city of Buffalo, Amherst, Tonawanda, Orchard Park, Lancaster, Cheektowaga and the village of Silver Creek. Programs are designed to assist individuals with developmental disabilities to become participating, contributing members of their community. Each unique setting focuses on meaningful enhancement of identified skill areas while fostering community integration through volunteer experiences, career exploration, socialization and daily living activities. Specific requests for computer work, music, dance, woodworking, ceramics and food preparation will be honored where possible. Additionally, one of the Lancaster sites, along with our Indian Church (So. Buffalo) location, specializes in providing services to medically involved individuals.

**Personal Enrichment Program**

An alternative day habilitation program that provides a fun and safe environment to learn and grow for individuals with developmental disabilities, ages 18+. Staff work with participants to achieve community-oriented goals. Goals are determined by the individual’s interests and needs and may include socialization skills, money transactions, community safety skills or learning how to make friends.

**Senior Day Habilitation Program**

This program offers seniors with developmental disabilities an opportunity to participate in creative and social activities. Activities are paced to the interests and needs of the seniors and focuses on maintaining daily living skills. Staff are trained in identifying and addressing the changing needs of this population.

**Young Adult Life Transitions Program (YALT)**

YALT is a community-based program that offers young adults with developmental disabilities, ages 18-23, an opportunity to experience life on a college campus while developing functional skills. YALT focuses on independence in the community, preparation for employment, continuation of the learning process, and establishing and maintaining friendships. Program locations: Buffalo State College; Canisius College; Daemen College; Erie Community College South Campus; Niagara County Community College; and the University at Buffalo (South Campus).

**Locations**

Locations vary by program and are located throughout Western New York.

**Contact**

For more information, please call us at 716.817.7400.