



People Inc

Where your world opens up.

## COMMUNITY HABILITATION

*Promote independence and community connections*



People Inc

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## COMMUNITY HABILITATION

People Inc. Community Habilitation is a service designed to promote independence and community integration.

Our program can support a person with acquiring, retaining or improving life skills for the purpose of gaining and/or maintaining their independence. Services are provided in the home and/or in a persons' community on a one-on-one basis.

### WHAT IS COMMUNITY HABILITATION?

- Community Habilitation is a support focused on assisting people to lead independent lives. Valued outcomes are skill-based and should include, but not be limited to activities that enrich lives and promote independence.
- Community Habilitation uses a person-centered approach to ensure an equal balance between support and independence.

Community Habilitation is based upon the idea of skill-building. Some common goals people choose are: money management, cooking, home and community safety, personal organization, household responsibilities and building community independence.

Hours are flexible and staffing is based around the needs of the person receiving this service. Day, evening and weekend staffing is available.

### WHAT IS COMMUNITY HABILITATION INDIVIDUALIZED RESIDENTIAL ALTERNATIVE (IRA)?

- Community Habilitation IRA follows the same vision as traditional Community Habilitation, but the requirements are different. In order to be eligible, a person must not attend any day program more than part time.
- All services must start prior to 3 p.m. and can only take place Monday through Friday.
- All services must take place outside of the IRA.

### WHAT IS AGENCY SUPPORTED SELF-DIRECTED COMMUNITY HABILITATION?

- Agency Supported Self-directed Community Habilitation follows all the same requirements and regulations as Traditional Community Habilitation with the exception of staffing.
- Agency Supported is a hybrid model made up of Traditional Community Habilitation and Self-directed Community Habilitation. The agency handles onboarding, training, payroll and any issues and/or concerns with staff. The person receiving the service and/or their family are responsible to find their own staff and make their own schedules.

All Community Habilitation services are non-certified programs.

### CONTACT

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